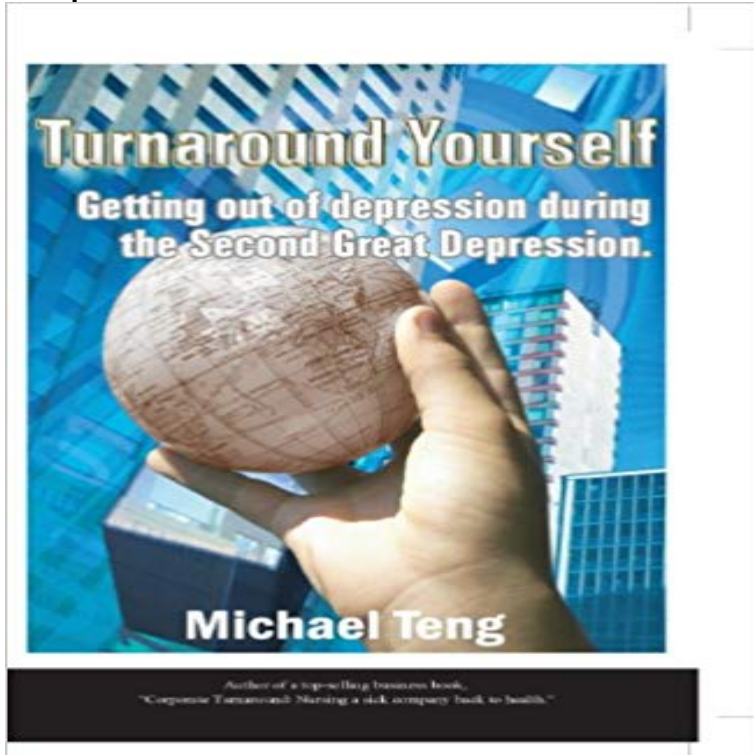


Turnaround Yourself: Getting out of depression during the Second Great Depression



The recent financial turmoil has caused concern and worries about an upcoming global depression. Financial investments have been threatened, jobs have been lost and many uncertainties ahead. The situation has brought to the fore of everybody's imagination - the great depression of the 1930s which brought untold suffering to millions for an extended period of time. The suffering was not just economic; the mental impact was far greater. This book is about helping individuals who feel threatened and how they can channel their resources as well as prepare to face another great depression. If you are scared and are wondering how you will cope, it is essential that you realize that you must turnaround yourself mentally now if you are to cope with the stress that lies ahead of you. For those faced with this situation too, this book will be of assistance for there is a vast section on helpful strategies and poems to deal with stress.

Welcome to the blog of Joan le Grande. I'm changing the blog to english so forgive me the dutch articles before. I already translated a few, keeping it up! Anyway, stay tuned for lifestyle articles and reviews about games or other nerdy stuff. Enjoy! Categories Comics Games Playstation 4 Wii U Lifestyle Posted by Joan le Grande in Games, Playstation 4 Leave a comment Tagsexperience, first look, Games, Playstation 4, Playstation VR review, ps4 VR review, virtual reality YES YES YES. I'm super hyped about the VR, but you obviously knew that already because of my last blogpost. There were a few hiccups because I ordered it online and I was working during the time it came. I stressed, freaked, jumped and finally gave up on the thought I got to play on the day it came out. But luck was on my side and when I got home, 20 minutes later the VR glasses arrived! In this post I will take you with me on my first experience with virtual reality. Was it as awesome as I hoped? Or is nauseating and not really my cup of tea? Read and find out!

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