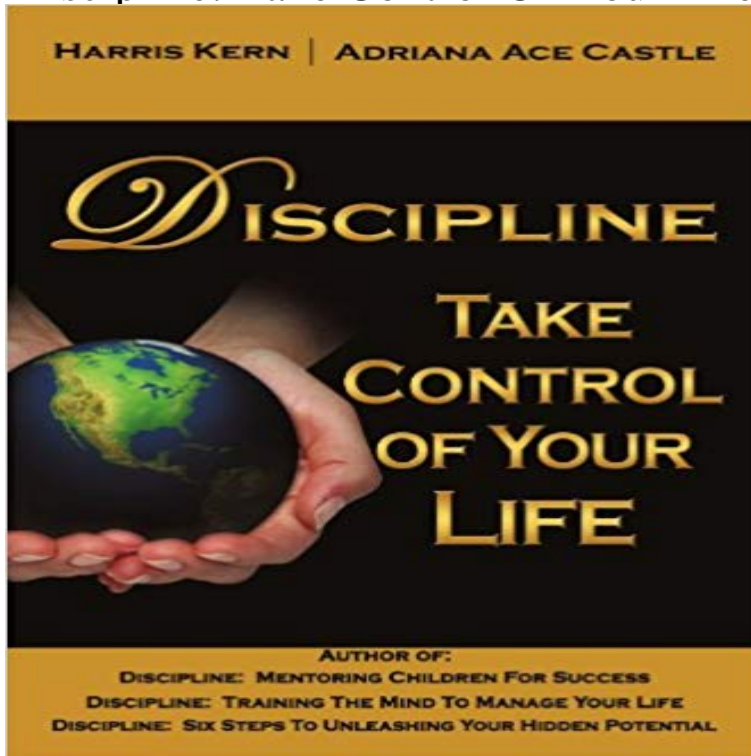


Discipline: Take Control Of Your Life



Do you suffer from procrastination? Do you suffer from poor goal management? Do you ever wonder why its so hard to focus? Are you disorganized? Do you let negative emotions derail your goals? Do you sleep too much and have a difficult time getting out of bed each morning? Do you have what it takes to compete in this economically challenged marketplace? When times are rough, its easy to feel overwhelmed and just accept things the way they are. However, successful people are ones who take control of their life via discipline. Discipline is the defining element in your life. With it you can achieve anything; without it you will struggle to exist. No matter how many books you read, if you dont commit yourself to self-discipline, the books will not help and you are back where you started. What if discipline was a meta-skill composed of easy steps that you could learn? How would that change your life? Harris Kern and Adriana Ace Castle have distilled their combined 55 years of experience as life coaches and organizational consultants into a knowledge manual that features the 10 Commandments for Success. This book simplifies the complexity of gaining the ability to discipline yourself into ten principles that you can understand and use right away. Let us help you train your mind to build structure and to live life with a sense of urgency. Take the first step in your journey to achieving your goals by reading DISCIPLINE: Take Control of Your Life.

Welcome to the blog of Joan le Grande. I'm changing the blog to english so forgive me the dutch articles before. I already translated a few, keeping it up! Anyway, stay tuned for lifestyle articles and reviews about games or other nerdy stuff. Enjoy! Categories Comics Games Playstation 4 Wii U Lifestyle Posted by Joan le Grande in Games, Playstation 4 Leave a comment Tagsexperience, first look, Games, Playstation 4, Playstation VR review, ps4 VR review, viraal reality YES YES YES. I'm super hyped about the VR, but you obviously knew that already because of my last blogpost. There were a few hiccups because I ordered it online and I was working during the time it came. I stressed, freaked, jumped and finally gave up on the thought I got to play on the day it came out. But luck was on my side and when I got home, 20 minutes later the VR glasses arrived! In this post I will take you with me on my first experience with virtual reality.

Was it as awesome as I hoped? Or is nauseating and not really my cup of tea? Read and find out!

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Take Control of Your Life Harris Kern Take Control: Master the Art of Self-Discipline and Change Your Life

HARRIS KERN is a world-renowned IT consultant who specializes in working with Fortune 1000 firms to establish cost-effective, highly-available infrastructures. **9781452099859: Discipline: Take Control of Your Life - AbeBooks**

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