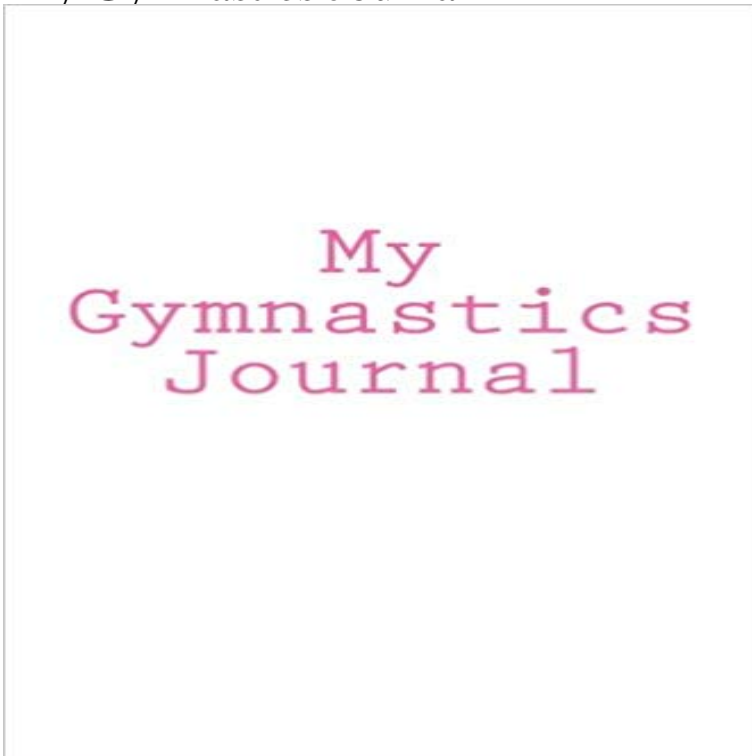


My Gymnastics Journal



You love gymnastics. You know that is an exceptional sport that requires remarkable confidence, perseverance, and strength of its athletes. It is also not always easy. Sometimes you may feel frustrated, sad, or angry over not mastering a skill or not getting on the podium at competition. Other times you may feel excited and proud over finally mastering a skill you have been working on for months. All of these feelings and emotions are a natural part of the sport but they can also be overwhelming. This journal was created to help new and experienced gymnasts stay motivated and focused on their gymnastics goals. It was designed to help you keep track of all of your successes, maintain a healthy perspective on challenges, and help you reach your goals.

Welcome to the blog of Joan le Grande. I'm changing the blog to english so forgive me the dutch articles before. I already translated a few, keeping it up! Anyway, stay tuned for lifestyle articles and reviews about games or other nerdy stuff. Enjoy! Categories Comics Games Playstation 4 Wii U Lifestyle Posted by Joan le Grande in Games, Playstation 4 Leave a comment Tagsexperience, first look, Games, Playstation 4, Playstation VR review, ps4 VR review, virtual reality YES YES YES. I'm super hyped about the VR, but you obviously knew that already because of my last blogpost. There were a few hiccups because I ordered it online and I was working during the time it came. I stressed, freaked, jumped and finally gave up on the thought I got to play on the day it came out. But luck was on my side and when I got home, 20 minutes later the VR glasses arrived! In this post I will take you with me on my first experience with virtual reality. Was it as awesome as I hoped? Or is nauseating and not really my cup of tea? Read and find out!

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