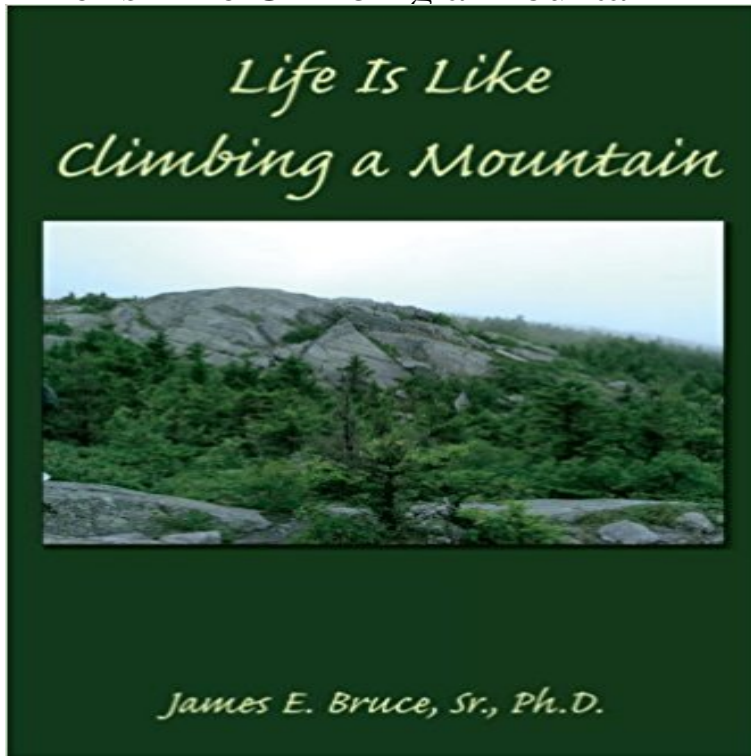


## Life Is Like Climbing a Mountain



The objective of this book is to inform, educate, inspire, and motivate individuals and groups toward understanding oneself and others through a literal or virtual mountain climbing experience. The aim is to introduce the reader to a literary journey that involves the process and the act of mountain climbing. This book brings forth the recognition that, just as literal mountains may be comprised of rocks, trees, ice, snow, and dirt, either singularly or in any combination, so, too, are we, as individuals, comprised of differing traits, strengths, values, mores, and beliefs that offer both specific strengths and weaknesses that alternate given the environment that surround us, the situation presented to us and what we feel within us. A volcanic mountain, it should be noted, is more representative to ones inner self. Similar to that of this living rock, changes occur subtly, deep within us, sometimes immediate and many times occurring unnoticed by us over long periods of time. Like the sudden sight of smoke or vibrations felt from underground, it is only during the external expression of change do we realize that we, and those around us, are merely experiencing the change that has long since occurred. The inherent volatility of this living rock parallels the vulnerability, potential explosiveness, and yet the total dependencies that exist in the individual human experience, as well as within our local and world communities. These physical mountains are used as a metaphor to offer insight into understanding the dynamics and challenges that are involved in the process of climbing a virtual mountain. The mountain climbing process might become more meaningful to an explorer who climbs a virtual mountain that may ultimately take the form of realizing a goal, dream, or aspiration. This book explores the spiritual aspect of the physical mountain, particularly how the physical mountain has been a reference

place for some people whose successful climb offer testimony to

Welcome to the blog of Joan le Grande. I'm changing the blog to english so forgive me the dutch articles before. I already translated a few, keeping it up! Anyway, stay tuned for lifestyle articles and reviews about games or other nerdy stuff. Enjoy! Categories Comics Games Playstation 4 Wii U Lifestyle Posted by Joan le Grande in Games, Playstation 4 Leave a comment Tagsexperience, first look, Games, Playstation 4, Playstation VR review, ps4 VR review, virtual reality YES YES YES. I'm super hyped about the VR, but you obviously knew that already because of my last blogpost. There were a few hiccups because I ordered it online and I was working during the time it came. I stressed, freaked, jumped and finally gave up on the thought I got to play on the day it came out. But luck was on my side and when I got home, 20 minutes later the VR glasses arrived! In this post I will take you with me on my first experience with virtual reality. Was it as awesome as I hoped? Or is nauseating and not really my cup of tea? Read and find out!

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